

# Team Building

## "Wacky Bowl"

One of our most popular team-building activities is **"Wacky Bowl"**. Your event coordinator will help incorporate this fun activity into your team-building event.

Employees are given several different ways to bowl. Not only do they need to concentrate on the physical, but the mental variances of each type of bowling as well.

Frame #1: **Regular Bowling.**

Frame #2: **"Topsy Turvy"** (Stand backwards & roll the ball between their legs.)

Frame #3: **Regular Bowling.**

Frame #4: **"Cool Hand Luke"** (Use opposite hand for bowling. If right handed, use left & vice versa.)

Frame #5: **Regular Bowling.**

Frame #6: **"Don't Push Me"** (Push the ball with your feet)

Frame #7: **Regular Bowling.**

Frame #8: **"Pick Me Up"**. (First person bowls one ball, then their second ball or spare ball is bowled by the next person in line.)

Frame #9: **Don't Peek!!** (Walk up to the foul line, then close your eyes and roll the ball.)

2 Frame #10: **Regular Bowling.**